

2020-21

# **ANNUAL REPORT**

CARE INDIA WELFARE TRUST

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# Foreword From President



I feel delighted to bring you CARE INDIA WELFARE TRUST'S (CIWT) Annual Report 2020-21. For us, the past two year has seen several collaborations and partnerships which have contributed significantly to improving our reach and impact among women and girls and brought about meaningful and sustainable change in their lives and livelihoods.

As a development and humanitarian organization, CIWT's programs are designed to work with the communities to catalyze demand for services and enhance their leadership skills, promote local capacities and create a supportive environment, strengthen systems to deliver quality and equitable services and be with the people providing relief and rehabilitation in the time of disasters, focusing on alleviating poverty and social injustice.

Our overall goal is the empowerment of women and girls from poor and marginalized communities leading to improvement in their lives and livelihoods because they are disproportionately affected by poverty and discrimination; and suffer abuse and violations in the realization of their rights, entitlements and access and control over resources. Also, experience shows that, when equipped with the proper resources, women have the power to help whole families and entire communities overcome poverty, marginalization and social injustice.

We realize that the current crisis is not a blip in our current operations, instead we see it as an opportunity for organizations to reassess their role in the social impact ecosystem. As the nation came together to tackle the health crisis, CIWT was working to provide emergency response through distribution of COVID Response Kits (mask and sanitizer), Family Essential Kits, Cooked meals at regular intervals to the community.

We have reinvented ourselves, stayed relevant and charted new terrains to remain the leading organization even today. This remarkable journey has been possible only with support and belief of the many supporters and partners like you, who have always, above all else, prioritized child rights Towards the end, it gives me immense pleasure to inform the readers about the opening of a new **Vocational Centre** in Kolkata in October 2020. The new vocational centre will conduct **Skill Development** for women and **Education** classes for the underprivileged children.

Kolkata under the flagship program of **Beti Padhao Beti Bachao** aims to support young girls in the age group of 5-14 years from deprived, urban poor households and has clubbed **Sponsorship Program** for the airls under the education program.

We owe it to each one of you who has supported us in our journey.

Thank you and happy reading!

Mahinder Tobriyal



### **About Us**

#### **MISSION**

#### **VISION**

CARE INDIA WELFARE TRUST is working to help and support the children for their education, physically disabled people by providing them financial assistance and for the other weaker section of the society by providing them the facilities they require for their well being. The Trust is established with main objective to run, maintain, assist and support hospitals, charitable dispensaries, medical centers, medical camps, schools, colleges, libraries, reading rooms, centers for Senior citizens, old age home, and orphanage.

- Centers to provide Basic Education to the children in the age group of 3-5 years.
- Pre-school, Nursery and Kinder Garden Classes for children in the age of 1.5 -3 years.
- Providing Non Formal Educational Classes for Drop outs in the age of 8 to 15 years.
- Vocational Courses for age group of 14 to 18 years.
- Providing Education and organizing courses for Women for age group of 18 to 50 years.

A prosperous, harmonious and peaceful Society where which each individual lives with Identity, Dignity, and Respect."

Our vision is to work towards the development of the society by providing education, medical facilities, assistance and other facilities to all those in need and to provide pecuniary assistance to those unable to fend for themselves due to old age, disease or any physical or mental handicap.

We are committed to come up as an organization providing assistance and support to large number of people, to reach weaker areas of the society and to reckon with at National Level.







# **COVID -19 RESPONSE**









ANNUAL REPORT 2020-21





Since the beginning of the lockdown in March 2020, **CIWT** has used its kitchens and vehicles, to cook and distribute hot, nutritious meals to migrant workers and people in vulnerable communities. By March 15, 2021, the NGO had served over 6 crore cooked meals to people in need.

Through food relief efforts, **CIWT** has cumulatively distributed over 12.2 crore meals, including cooked meals and dry rations over the past year.

**CIWT** mounted a comprehensive response in fighting COVID-19 health crisis during the second wave. Some of our key initiatives include helping poorest communities stay safe with COVID-19 Response Kits, distributing dry rations to feed the needy and raising awareness in our program areas.

A lot of our existing partners and new partners stepped forward to join the fight against COVID-19.

The family is the basic social unit in almost all societies. It plays a key role in meeting basic needs and solving the problems of individuals. Strengthening families will improve their ability of to take care of themselves.

Our teams worked day-to-day where health systems were weak and as COVID-19 spread, we wanted to be sure that the needs of the vulnerable communities we work with are met as this crisis unfolded. Commodities were handed over directly to each family head (or representative of the family) by our staff.

#### Cooked meals

Hot cooked meals which includes roti with sabzi or rice with gravy, plain paratha with zeera aloo, chholey, and rajma is still being served on a daily basis benefitting **500+** community families keeping the nutritional value in mind.



#### **Dry Ration**

Under the current situation of Covid-19 we distributed door to door dry ration kit to the poor and destitute in the families. This distribution was done door to door under the supervision of **Mr. Mahinder Dobriyal.** 

The dry ration kit included 10kg wheat flour, 10kg rice, 5kg potatoes, 2.5kg onions, 2kg pulses, 1kg sugar, 1kg soya chunks, 1kg cooking oil along with dry red chilly powder and turmeric powder was distributed to **3000+** families other than the communities **CIWT** is involved with during the year 2020.

#### Non-Food Items

| Routine consumables                | soap, fuel, sanitary supplies, health supplies,<br>education supplies.   |  |  |
|------------------------------------|--|--|--|
| Non-consumables, longer life items | mattresses, blankets, plastic sheeting, tents,<br>building materials, kitchen sets, jerrycans, sleeping<br>mats. |  |  |





#### Covid-19 Awareness Camp

Being aware about health is an important aspect of ensuring physical and mental well-being. For children, with lesser developed systems and lower immunity, it is even more important. More importantly, regular health check-ups of children are also essential.

Towards this goal, CIWT NGO with the support from local doctors and their team conducted a health awareness and check-up camp at its Community Centre at Chuna Bhatti, Kirti Nagar.

During the camp, the health status of children was checked. They were also informed and guided about the maintenance of good health, hygiene practices, important of nutrition-rich foods and so on during coronavirus times.

Awareness session also included information on **COVID-19** symptoms, how **COVID-19** is transmitted, preventive measures, what to do if a family member displays symptoms, how to wash hands properly, etc.

Elderly people and parents of the children from the community also participated in the event and walked out with fruitful information about their own health and their children's.

#### **Hygiene Kits Distribution**

Hygiene kit was made and designed by **CIWT** in accordance **Government of India** and **WHO** standards to provide people who are in dire need of daily necessities. The hygiene kits included: N95 mask, sanitizers, alcohol-based soap, antimicrobial wet wipes sufficient for 1 family of 5 members.





## Health

**CIWT's** interventions in the health sector work to improve access to quality health services for the poor and marginalized communities.

By identifying the root causes of healthcare challenges, **CIWT** works at the individual, community and systemic levels to develop innovative solutions and help implement quality healthcare services. The work with community includes cross-cutting strategies to improve the health and nutrition status of the poorest and excluded groups, particularly women and children.

**CIWT's** health projects address improving the quality of services for maternal and reproductive health, child health and nutrition, and early identification and treatment of communicable and non-communicable diseases.

Customized health camps are organized where we work with children, adolescents and their families to bring awareness on Maternal Newborn Health (MNH), Child Health, Nutrition, Water Sanitation & Hygiene (WASH), Adolescent Reproductive and Sexual Health (ARSH), Antenatal Care (ANC), Postnatal Care (PNC) and early identification, testing and treatment of communicable diseases such Tuberculosis (TB), diarrhea and HIV.











We seek counsel from specialist medical doctors like Gynecologists and Obstetricians, Pediatrics, Ophthalmologists, Dentists and General Physicians in the health camps. The duration of these health camps could range from one day specialized camps to 5-10 days intensive camps.

Post COVID-2020, regular health checkup camps have been organized within the community for the elderly where facilities like testing of BP, Sugar or any age-related ailments are being treated by our able team of doctors.

For children, Dental camp was organized in association with **Pepsodent** where kits containing toothbrush, toothpaste, tongue cleaner and soap were distributed. The aim was to aware children of the importance of oral hygiene.



# **Education**

**CIWT**'s education programs ensure that children of marginalized communities and under resourced schools have access to high-quality educational opportunities and gain critical life skills alongside 21st century knowledge to prepare them for success in today's globalized world.

#### Early Years Program/EYP (Kirti Nagar, Delhi; Garen Reach, Kolkata)

Being a mother is one of the most important roles a woman can ever play. Mothers play a huge role in their children's lives, caring for them, loving them, teaching them, and so much more. The way a child develops can be largely attributed to the role that their parents and caregivers play in their lives.

A mother's involvement helps to extend the teaching beyond the classroom. This creates a more positive learning experience for children and allows children to perform better in school. It also establishes their confidence and ability.

If a mother feels that her child is not fulfilling their potential, we recommend parents to talk to their child's teacher. We also strongly encourage parents to see a paediatrician for advice. Meanwhile, parents are advised to focus on their child's strengths to encourage their learning. Parents engagement makes sure to develop a child's social and emotional skills by helping them cope with everyday challenges and providing them with the emotional support to boost their self-confidence. Besides, general health and hygiene, prevention of diseases, food and feeding habits are also covered as a part of the **EYP** to create an enabling learning environment.







# Remedial Coaching (Kirti Nagar, Delhi; Rohini, Delhi; Mehrauli, Delhi; Garen Reach, Kolkata)

At a Glance:

- Address learning gaps by reteaching basic skills.
- Focus on core areas like reading and math.
- Provide learning support to pupils who lag far behind their counterparts in school performance.
- Open to all students including those with disabilities.

#### Bridge Coaching (Kirti Nagar, Delhi; Garen Reach, Kolkata)

In our effort to encourage children to continue their education, we sponsor and enrol them in formal schools to increase their education. But, in the case of children who had a prolonged leave of absence from school, it is difficult to bring them up to the level of the other children attending school. This is a challenging task.

At a Glance

- Address learning gaps by reteaching basic skills by enhance their understanding of the curriculum.
- Teachers exam<mark>ine the individual needs of a pupil and offer creative solutions for that pupil.</mark>
- Focus on core areas like reading and math.
- Open to all students including those with disabilities.

So far **244+ children** are benefitting from our three education programs namely **EYP, Remedial** and **Bridge** coaching at our three centres in Delhi.



#### Computer Literacy (Kirti Nagar, Delhi; Rohini, Delhi)

**CIWT's** mission is to positively impact the underprivileged of the country through educational initiatives and skill development programs. Basic computer literacy skills were imparted to 20-25 selected children in the age group of 7-21 years starting January 2021 for a period of 3 months in collaboration with **NIIT** thus bringing the world of information and knowledge to isolated and disadvantaged groups.

Children were issued a certificate on the successful completion of the computer literacy program by NIIT.

The key objectives of the program were:

- · Reducing the digital divide for the disadvantaged section of the society
- Awareness of computers as a window to knowledge
- Enhancing interest-levels in learning
- Using computers as a tool for daily tasks
- Providing awareness on technology amongst urban marginalized youths
- Providing equal opportunities for urban marginalized youths

Currently, **CIWT** is running its own Basic Computer literacy certificate program where **85 children (41-Females; 44-Males)** are benefitting from this program. On successful completion, children are issued a certificate of merit by the organization.

#### SECOND CHANCE-An initiative to re-school dropout Girls and Women

**CIWT's Second Chance** program provides opportunity to girls and women another chance at education. The program focuses on foundational academic skills and support learning for **Board Examinations.** Every year the program enables **2000+ women** and **girls** complete their secondary education thereby building a better life and future earning prospect for themselves.

#### Sponsorship Program (Delhi & Kolkata)

Sponsorship is the most effective way to ensure girls have access to things that might otherwise be out of reach. When you sponsor a girl, you help provide education, healthcare, clean water and more. Parents are less likely to be forced into making impossible choices, like child marriage or forced labor.

In Delhi alone, 580+ girls have benefitted from the Sponsorship Program in the year 2020.

In Kolkata, **340+** girls benefitted from the **Sponsorship Program** by the end of **FY 2021**. In Delhi, **480+** girls benefitted from this program by the end of **FY 2021**.

The initiative directly contributes to SDG 4 - Quality Education, SDG 5 - Gender Equality, SDG 16 - Peace, Justice and Strong Institutions.





# PROJECT SASHAKT NAARI - SKILL DEVELOPMENT PROGRAM





# PROJECT SASHAKT NAARI - SKILL DEVELOPMENT PROGRAM

Skill development holds the key to India's ability to activate vast potential of its youth population for inclusive growth and to evolve as the hub of the global economy. India is all set to be the world's most populous country by 2025 due to the rapid population growth. With the country's youth entering the workforce in growing numbers every year, India has the opportunity to reap a "demographic dividend" from its young population.

We envision an India where every woman and every girl, who wants to earn, gets the opportunities to do so. We focus on improving access and control of women from marginalized communities over productive resources, services and opportunities; enhancing their food and nutrition security; and improving their abilities in climate change resilience.

And women and girls empowerment can only happen if it is sustainable.

Our skills training program works to address the systemic imbalance providing unemployed young women and girls with a comprehensive skills training that equips them with the knowledge and skills needed to secure employment and succeed on the job. The program not only meets the growing demands of the diversifying local industries across the country, it harnesses their potential to powerful of become engines the economy.

So far we have reached and impacted the lives of **1, 416 women** directly through livelihood interventions across our two centres in Delhi.







**CIWT's** livelihood interventions address barriers such as unequal power relations and enable the transformation of gender norms at multiple levels. Since inception, CIWT's livelihoods programs have helped skill 2500+ of women and girls across India.

## Sewing (Kirti Nagar, Delhi; Garen Reach, Kolkata)

Started in the year 2012, Stitching or tailoring business is one among them that provides our young entrepreneurs with the flexibility to utilize your skills and enjoy doing the work with creativity.

Even the students studying in the schools have the flexibility to opt for sewing as one of the vocational learning options.

Presently, 53 girls and women are enrolled in a span of 7 batches. The duration of the course is 6 months.

#### Beautician (Kirti Nagar, Delhi)

Launched in January 2013 beautician training program addresses the issues of low earning and financial insecurity thereby widening the social security net.

The training program which grooms women and girls in beauty, skin and hair care has grown significantly grew over the few years.

However, due to COVID-19 and the subsequent guidelines, the program has come to a halt. We are raring to re-start the training program soon after approval from the District Magistrate.





# **GLIMPSES OF THE YEAR 2020-21**





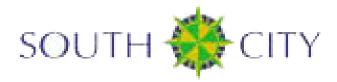
# **GLIMPSES OF THE YEAR 2020-21**





# **OUR PARTNERS & SUPPORTERS**













A Sunrise Health System Hospital







# **OUR PARTNERS & SUPPORTERS**





















# **OUR PARTNERS & SUPPORTERS**





















# **OUR FINANCIALS**

CARE INDIA WELFARE TRUST
INCOMEANDITS APPLICATION ACCOUNT FOR THEY EAREN DED AS ON
31STMARCH, 2021

#### CARE INDIA WELFARE TRUST

INCOME AND APPLICATION OF FUNDS ACCOUNT FOR THE YEAR ENDED AS ON 31st MARCH, 2021

| Particulars  | Note No. | For the year ended<br>31st March, 2021 | For the year ended<br>31st March, 2020 |
|--|----------|--|--|
| Income   |          |  |  |
| Voluntary Contributions  |          | 13,300,746                             | 15,698,205                             |
| Interest Income  |          | 17,344                                 | 22,867                                 |
| Gross Income Available for Application (A)                         | (1+11)   | 13,318,090                             | 15,721,072                             |
| Application of Income  |          |  |  |
| Income applied for evacuation various social and welfare programme | 2        | 11,059,663                             | 10,546,367                             |
| Total (B)  |          | 11,059,663                             | 10,546,367                             |
| Administration & Other Expenses (C)                                | 3        | 2,006,298                              | 5,658,897                              |
| Total Income Applied   | (B+C)    | 13,065,961                             | 16,205,263                             |
| Surplus before depreciation & tax                                  | (A-B-C)  | 252,129                                | (484,191)                              |
| Less - Depreciation  |          | 10,204                                 | 11,806                                 |
| Net Surplus before tax   |          | 241,925                                | (495,997)                              |
| Less - Provission for Income Tax                                   |          |  |  |
| Net Surplus after depreciation & tax                               |          | 241,925                                | (495,997)                              |

Notes forming part of Financial Statement

As per our report of even date.

For G Kumar & Associates

Chartered Accountants

FRN - 036386N

Gaurav Kumar, ACA

1aural

Proprietor M. No. 545779

Place: New Delhi

Date: UDIN: For and on behalf of board of trustees

Care India Welfare Trust

Mahinder Dobriyal

Trustee

Arpana Tiwari

Trustee



# **OUR FINANCIALS**

CARE INDIA WELFARE TRUST
INCOMEANDITS APPLICATION ACCOUNT FOR THEY EAREN DED AS ON
31STMARCH, 2021

#### CARE INDIA WELFARE TRUST

Balance Sheet as at 31 March.2021

| Datance :                                | sneet as at 31 March,20. | 41                   |                      |
|--|--------------------------|----------------------|----------------------|
|  |                          |                      | Amount in Rs.        |
| Particulars                              | Note No.                 | As at 31 March, 2021 | As at 31 March, 2020 |
| A. SOURCES OF FUNDS                      |                          |                      |                      |
|  |                          |                      | 6                    |
| Capital Funds                            |                          |                      |                      |
| Corpus Funds                             |                          | 1,100                | 1,100                |
| Researve Fund                            |                          | 1,409,588            | 1,167,663            |
| Current Liability & Provissions          |                          |                      |                      |
| Sundry Creditors for Expenses            | 1                        | 87,300               | 87,710               |
|  |                          |                      |                      |
| TOTAL                                    |                          | 1,497,988            | 1,256,473            |
| B. APPLICATION OF FUNDS                  |                          |                      |                      |
| Fixed Assets                             |                          | · ·                  |                      |
| Total Fixed Assets (Net of Depreciation) |                          | 74,509               | 84,713               |
| Balance with Bank                        |                          | 1,321,163            | 961,751              |
| Cash in Hand                             |                          | 39,816               | 210,009              |
| Loan & Advance                           |                          | 62,500               | 12                   |
| TOTAL                                    |                          | 1,497,988            | 1,256,473            |

#### Notes forming part of Financial Statement

As per our report of even date.

For G Kumar & Associates

Chartered Accountants

FRN - 036386N

Gaurav Kumar, ACA

Proprietor

M. No. 545779

Place: New Delhi

Date:

UDIN:

For and on behalf of board of trustees

Care India Welfare Trust

Mahinder Dobriyal

Trustee

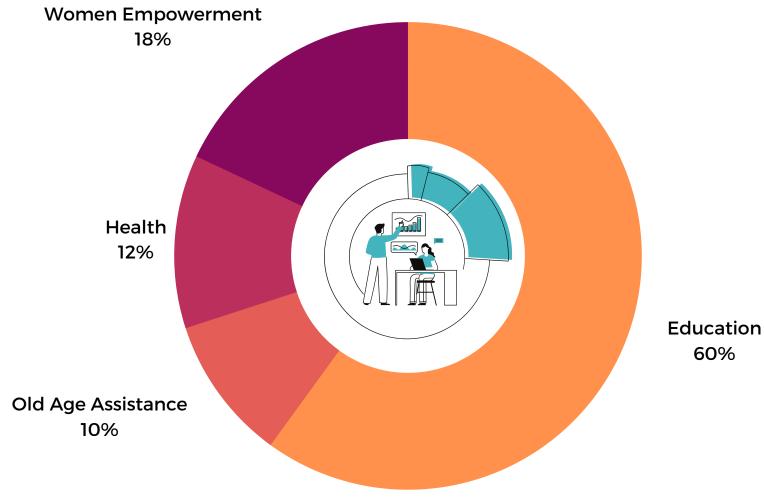
Arpana Tiwari

Trustee



# **DISBURSMENT OF FUNDS**

2020-2021







# **CONTACT US**

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- 18003134006 / 011 41251787
- www.careindiawelfaretrust.org







